

# 100 Pounders



## OA Telephone Meeting

Every night at 6PM Pacific time

(7 PM Mountain, 8 PM Central, 9PM Eastern)

712-432-3900

PIN: 4285115#

This is a special focus telephone meeting of Overeaters Anonymous that focuses on the special needs of those of us who have lost or need to lose 100 or more pounds. It is open to anyone who wants to stop eating compulsively. We meet every night at 9PM Eastern time. The meeting is just like a regular OA meeting, only it takes place over the telephone.

For more information call Jim A. 703 204 0181

Please copy this flier and pass it on.