



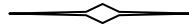
**Directions:**

The Inn is off the 86<sup>th</sup> Street exit of Interstate 80/35. Go north on 86<sup>th</sup> Street and turn right at the first light past the interchange. The hotel is just north of the Wynnsong Theater complex.

**State of Iowa OA  
Convention is  
sponsored by these  
fine intergroups:**

Central Iowa  
Northeast Iowa  
Promises of Eastern Iowa  
Quad Cities  
Tri-State Siouxland  
Stoney Creek Inn and  
Conference Center  
515-334-9000  
[www.stoneycreekinn.com](http://www.stoneycreekinn.com)

**Recipe** (*rěšě-pě*) (n.) A formula for or means to a desired end  
**For** (*fōr*) (prep.) Used to indicate the object, aim, or purpose of an action or activity  
**Recovery** (*rĭ-kŭve-rě*) (n.) A return to a normal condition; the act, process, duration, or an instance of recovering



*State of Iowa OA Convention*  
**2010**  
*Sept. 17-19, 2010*

**RECIPE**  
*for*  
**RECOVERY**

<i>Here's what's cookin':</i> RECOVERY <i>from the kitchen of</i> OA
<b>INGREDIENTS</b>
12 Steps
8 Tools
willingness
12 Traditions
COMBINE Steps and Tools
ADD willingness
SPRINKLE liberally with Traditions
SHARE

**Stoney Creek Inn and Convention Center**  
**5291 Stoney Creek Court**  
**Johnston, Iowa 50131**  
**515-334-9000**  
[www.stoneycreekinn.com](http://www.stoneycreekinn.com)

## Convention

### Registration Form

Please mail this by Sept. 4, 2010.  
Otherwise register at convention.  
Send this registration to:  
Betty Warywoda  
805 29th Street  
West Des Moines, IA 50265-3217  
515-221-3559

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_

State, Zip \_\_\_\_\_

Registration:

Before Sept. 4 \$15 \_\_\_\_\_

At the door \$20 \_\_\_\_\_

One Day Only \$12 \_\_\_\_\_

Banquet \$23 \_\_\_\_\_

TOTAL \_\_\_\_\_

NOTE: You MUST PRE-PURCHASE a banquet ticket – NO MEALS SOLD AT DOOR. Make checks payable to Iowa State Convention.

Are you willing to give service?

\_\_\_ Speaker    \_\_\_ Hospitality

\_\_\_ Timer    \_\_\_ Hugger

## Hotel Registration

Stoney Creek Inn and Conference Center  
Accommodations include mini-fridge,  
microwave and breakfast.

Deluxe Double – 2 double beds

Deluxe King– 1 king-size bed

\$89.00 a night plus tax

3 PM check-in

11AM checkout

Call for reservations stating that you are  
with the OA Convention and  
that you want a deluxe room:

(515) 334-9000

1-800-659-2220

Deadline to register for rooms at  
conference rate is:  
August 28, 2010

### Saturday Night Banquet

\$23.00 per person

Menu:

Roasted Turkey

Baked Potato

Steamed Vegetables

Salad

Roll

Fresh Fruit

Coffee, Tea, Water

## Projected Schedule of

### Events

Friday, September 17

6:00 PM Registration Opens

6:45 PM Opening

Workshops to follow opening

9:00 PM Open OA meeting

Saturday, September 18

7:15 AM Meditation

8:00 AM Registration Opens

8:30 AM Opening

11:15–1:15 Lunch

Workshops to follow lunch break

4:00–5:00 Planning Meeting

6:00 PM Banquet, Speaker and  
Entertainment

9:00 PM Candlelight open OA  
meeting

9:30 PM Games

Sunday, September 19

8:30 AM Workshops

10:45 AM Closing

# Recipe for Recovery