



Directions:

The Inn is off the 86th Street exit of Interstate 80/35. Go north on 86th Street and turn right at the first light past the interchange. The hotel is just north of the Wynnsong Theater complex.

**State of Iowa OA
Convention is
sponsored by these
fine intergroups:**

Central Iowa
Northeast Iowa
Promises of Eastern Iowa
Quad Cities
Tri-State Siouxland

Stoney Creek Inn
and Conference
Center
515-334-9000

www.stoneycreekinn.com

"Any action, no matter how small, will help us to overcome deadly procrastination."
OA 12 and 12, p. 31

"If we are to experience permanent recovery from compulsive eating, we will have to repeat, day after day, the actions that have already brought us so much healing."
OA 12 and 12, p. 83

**State of Iowa OA
Convention 2011**

Sept. 16-18, 2011

**READY...
SET...
ACTION!**

"I started the program by doing everything I was supposed to do...Action is the magic word."
Overeaters Anonymous, 2nd edition, p. 151

"Our Higher Power gives us the power, providing we do the footwork."
A Plan of Eating

"God is not my arms and legs. It is up to me to do the footwork. Ours is a program of action."
For Today, p. 136

Stoney Creek Inn and Conference
Center
5291 Stoney Creek Court
Johnston, Iowa 50131
515-334-9000
www.stoneycreekinn.com

Convention Registration Form

Please mail this by **Sept. 4, 2011**.
Otherwise register at convention.

Send this registration to:

Betty Warywoda
805 29th Street
West Des Moines, IA 50265-3217
515-221-3559

Name _____

Address _____

City _____

State, Zip _____

Telephone _____

Registration:

Before Sept. 4 \$15 _____

At the door \$20 _____

One Day Only \$12 _____

Banquet \$23 _____

TOTAL _____

NOTE: You MUST PRE-PURCHASE a banquet ticket – NO MEALS SOLD AT DOOR. Make checks payable to Iowa State Convention.

Are you willing to give service?

___ Speaker ___ Hospitality
___ Timer ___ Hugger

Hotel Registration

Stoney Creek Inn and Conference Center

Accommodations include mini-fridge, microwave and breakfast.

Deluxe Double – 2 double beds
Deluxe King – 1 king-size bed

\$89.00 a night plus tax

3 PM check-in
11AM checkout

Call for reservations stating that you are with the OA Convention and that you want a deluxe room:

(515) 334-9000
1-800-659-2220

Deadline to register for rooms at conference rate is:
August 30, 2011

Saturday Night Banquet

\$23.00 per person

Menu:

Italian Roasted Chicken
Roasted New Potatoes
Steamed California Medley
Mixed Greens (dressing on the side)
Fresh Rolls
Fresh Fruit
Tea, Water

Projected Schedule of Events

Friday, September 16

6:00 PM Registration Opens
7:00 PM Opening
 Speakers
9:00 PM Open OA meeting

Saturday, September 17

7:15 AM Meditation
8:00 AM Registration Opens
9:00 AM Opening
 Speakers
11:30–1:00 Lunch
 Speakers
4:00–5:00 Planning Meeting
6:00 PM Banquet, Speaker and
 Entertainment
9:00 PM Open candlelight OA
 meeting

Sunday, September 18

8:30 AM Speakers
10:30 AM Closing

Ready...Set....Action!