

REGISTRATION

Please print clearly

Full Name _____

Address _____

City _____

State/Prov _____ Post Code _____

Telephone _____

Email _____

Badge Name _____

FEES AND MENU SELECTION

Mail in deadline May 17th

Early Registration \$25.00 _____

At the Door \$35.00 _____

Saturday Lunch \$15.00 _____

Saturday Dinner \$25.00 _____

Vegetarian Dinner \$25.00 _____

T Shirt \$15.00 _____

Total Enclosed \$ _____

Make checks payable to:
Region IV Convention

Send registration form and check to:

Maggie Rein
Region IV Convention
1855 Silver Bell Rd #306
Eagan, MN 55122
Questions? 651-405-0698

MEAL OPTIONS

Lunch 6/19/10—\$15.00

Mixed green salad with assorted dressings
Potato salad, Vegetarian pasta salad
Cold meats: roast beef, turkey, ham
Cheeses: Swiss and American
Garnish tray for sandwiches
Assorted breads and buns
Fresh fruit tray
Coffee (reg. and decaf), iced tea

Dinner Buffet 6/19/10—\$25.00

Mixed garden greens
Ranch or Raspberry Vinaigrette dressings
Vegetable tray, Fruit tray
Chicken Piccata, no breading, sauce on side
Beef Medallions, sauce on side
Chef's selection of seasonal vegetables
Appropriate starch
Rolls and Butter

Vegetarian entrée can be ordered in advance, just indicate on the front.

- Convention Highlights
- Workshops
- Hospitality Room
- Literature for Sale
- Region Key Note Speakers
- Lunch and Dinner Speakers
- Saturday Night Entertainment
- Fun and Fellowship

OVEREATERS ANONYMOUS



Region IV
Convention
2010

12 steps down the
yellow brick road

JUNE 18, 19 AND 20
TOPEKA, KANSAS

Come celebrate 50 years

In 2010 OA is 50. Please join us in this celebration of recovery at the Region IV Overeaters Anonymous Convention in Topeka. Attend workshops and hear speakers from other Intergroups throughout our 10-state and 3 province region. Come and share your experience strength and hope with other OA members, and renew your own commitment to recovery. Whether you're new to program or an old-timer, we want to see you there.

FRIDAY, JUNE 18

5:00—9:00 pm Registration
7:00 pm Grand Opening
9:00 pm Workshops

SATURDAY, JUNE 19

7:00 am Registration Opens
8:30 am Welcome/Opening Workshops
12:00 pm Lunch Break
1:00—5:00 pm Workshops
6:00 pm Dinner, Speaker and Entertainment

SUNDAY, JUNE 20

9:00 am Workshops
11:00 am Closing

HOTEL INFORMATION
Holiday Inn
605 SW Fairlawn Road
Topeka, KS 66606
Sales@topekaholidome.com
Web:
www.topekaholidome.com

Reservations can be made by calling 1-800-822-0216. All rooms are \$90.00 per night and some rooms have micro fridges, which can be requested for no additional cost.

**Reservations must be made by
Thursday, May 17, 2010**

**When reserving your room please
reference Block RE2.**

If you are flying in, KCI is the nearest airport. The Greater Kansas City IG is providing transportation to and from the convention as a service. Contact Debbie L., 816-797-9250 to make arrangements.

**Make plans now and
invite your friends!!**

SERVICE OPPORTUNITIES

Please check at least one...

Speaker ___ Hospitality ___
Timer ___ Registration ___
Hugger ___ Where Needed ___

MEMORABILIA

**T-shirts with color convention logo
are available for \$15.00.**

**Shirts must be ordered in advance
and will be delivered at the
convention.**

Please indicate color and size

White_____ Up to 5X
Lime_____ Up to 3X
Lt. Blue____ Up to 3X
Ash_____ Up to 5X
Tangerine___ Up to 2X

Size *Be sure and mark one

Sm ___ Med ___ Large ___
1X ___ 2X ___ 3X ___ 4X ___ 5X ___

